

FEBRUARY DATES

Feb. 2 Ground Hog Day
 Feb. 14. Valentine's Day
 Feb. 18 Presidents Day
 Feb. 20 Love your Pet Day
 Feb. 27 International Polar Bear Day

REMINDERS

Please be sure to check your child's cubby regularly. Don't forget to bring in a snack for your child's class once a month. Please be sure to bring 100% juice and to check with your child's teacher about any food allergies within the class

IMPORTANT:

Go like our Facebook page

Shop @Smile:Amazon.com

CONTACT US

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Tammy Burton, Executive Director

The **Gold Sneaker Initiative** was developed to enhance policy related to health and wellness within licensed child care facilities across Tennessee. Gold Sneaker consists of eight policies which deal with physical activity, nutrition, and a tobacco-free campus.

Parents Education Link to the importance of limiting screen time:

<https://www.healthychildren.org/English/media/Pages/default.aspx#home>



Inclement weather KCDC will follow Kingsport City School Schedule. Except cold weather closings.

Link your Food City Value Card to KCDC

School PLU# 41220

WHAT WE ARE LEARNING

Feb. 4 Healthier You! Exercise Week

Feb. 11 Friendship Week

Feb. 18 Eric Carle Books

Feb. 25 Dr. Seuss Week—Dr. Seuss BD—March 2

WISHING A HAPPY BIRTHDAY TO:

Adam Alec Kyrah

Breanna Maddox



"If you want your children to be intelligent, read them fairy tales.

If you want them to be more intelligent, read them more fairy tales."

-Albert Einstein-

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